

TOPICS

TWO OPPORTUNITES
SUMMER ACCOMMODATIONS
DASS GRADUATION
CANINE VISIT AT HARMON
FINALS CONFIRMATION
STUDY TIPS



Graduating?

We would love to hear any feedback about your experience here at SMU and DASS. Please share with dtylicki@smu.edu.

Also, if you are staying for graduate school at SMU, let us know.

Otherwise, we will inactivate you in our system and your physical file will be shredded in 5 years.

Paws & Take a Break in Hamon



Our canine friends from Pet Partner will visit with students to help reduce stress from finals. Research has shown that spending 5-24 minutes with a calm dog reduces blood pressure and the levels of stress hormones in the body. Everyone is welcome to stop by and visit with our four-legged friends as we are getting ready for finals.

Monday 5/8 from 2pm-4pm
Hamon Arts Library
Owens Arts Library
Taubman Center

Looking for a few good men and women



Two opportunities to make you aware of

- ⇒ If you'd like to be serve on [SMU's President's Commission](#) on the Needs of Persons with Disabilities (PCNPD), we need 1-3 student members. Meetings are typically once a month, Wednesdays 3-4pm with very little additional requirements (if any). We need DASS students as we address disability-related issues on our campus.
- ⇒ DASS will be filling a short-term paid position for mid-August through mid-September, 15-20hrs/week. The part-time editing assistant will help with the process of identifying, securing and converting e-text into an accessible form for visually impaired students. If you know someone who might be available, with strong attention to detail and good editing skills, please direct them to contact alexat@smu.edu.



In summer school?

Please be proactive regarding your DASS accommodations.

Request your letters NOW, pick them up before the end of this semester, and go ahead and send an email to your summer instructor with a heads up regarding your accommodations.

There is only limited test proctoring and the Online Scheduler is not used during the summer. For June and July main-campus courses, you must contact DASS the first week of that semester and set up any proctored testing. Test proctoring for May Term should be arranged with your instructor. All of this requires advanced notice!

Finals...

if you have any final exams arranged at DASS, you should have received an email confirmation immediately upon entering the appointment in the Online Scheduler. Please be on time and remove any smart watches and cell phones during testing.



TOP STUDY TIPS

- * Just get started. Don't wait until you FEEL like studying. Have a start time before lunched planned on the weekend and reading day.
- * Create a master to-do list and a schedule for the remaining days in the semester.
- * Stay healthy. Get some sleep and avoid caffeine. Seriously – your brain will thank you.
- * Take short breaks every hour or so, even if only for 2-3 minutes.
- * Study in a distraction-reduced environment. Turn off your cell phone, TV and email notifications.
- * Manage your anxiety. By listening to calming music, stretching or breathing deeply, you can avoid stress and release negative thoughts.
- * Attend review sessions, study groups: You may be tempted to skip out on that review session or study group but this could be a huge mistake.

