

◆ TOPICS ◆

- ◆ ACCOMMODATION LETTERS
- ◆ TEXT TO SPEECH SOFTWARE
- ◆ SNL MEETING
- ◆ JOB FAIR
- ◆ SEMESTER AT A GLANCE
- ◆ MEDITATION/ADHD

➡ SNL ◀ Students for New Learning

SNL is an organization for students with ADHD or LD, run by students with ADHD or LD.

SEPTEMBER 18
AT 5:00 PM
RM 217 ALEC

Come to our first meeting of the semester and help chart the course of SNL for the whole year. Food, drinks, and student leadership opportunities will be provided! Connect, Learn, Help, Grow
SNL makes a difference.

Semester at a Glance

Available at the ALEC

Research suggests that the number one predictor of college success isn't a student's high school grades or SAT/ACT scores; it's how well a student manages their time.

ALEC's **Semester at a Glance** calendar can help you do just that.

Managing your time makes you more productive and saves time in the long run – Semester at a Glance takes just 15 minutes to fill out, and you can use it through the whole semester.



Welcome Back Mustangs!

Have you requested your ACCOMMODATION LETTERS ??

To order your letters of accommodation go to:

<https://www.smu.edu/Provost/ALEC/DASS/DisabilityAccommodations/Forms>

Allow **3** days for the letters to be processed.

Pick up your letters from Candy in **202M**.

Meet with your professor privately to discuss how the accommodations will be implemented. Letters should ideally be given to professors the first

2 weeks of classes.



Kurzweil – Firefly

Want your computer to read your text books out loud? Take advantage of SMU's site license for Kurzweil.

DASS has partnered with Central University Libraries and ADSA to continue another year membership with Kurzweil-Firefly. Go to: <https://www.smu.edu/Provost/ALEC/DASS/Resources/ForStudents/OnCampusResources>

This powerful text-to-speech software is now available to ALL SMU students.



2018 EmployAbility Job Fair:



Amazing Career Opportunities for Students with Disabilities!

On September 18, over 50 employers, including AT&T, PepsiCo, Lockheed Martin, Bank of America, and Southwest Airlines will be actively recruiting job seekers with disabilities at the 2018 EmployAbility Job Fair, held at the Sheraton Dallas Hotel.

Participating companies are committed to diversifying their workforce, and most offer mentoring, job coaching, and competitive benefit packages for people with disabilities. Participants can also attend classes on job-hunt skills building, like interviewing techniques and dressing for success, as well as resumé reviews.

Register to attend at: <http://www.employabilitydallas.org>.

Does meditation have an effect on symptoms of ADHD?
Research says yes, sort of.



Read more at <https://blogs.psychcentral.com/adhd-millennial/2018/07/looking-at-the-evidence-on-meditation-and-adhd/>