

## DASS Disability Accommodations & Success Strategies

Located in the A - LEC

Your DASS Link login: <https://smu-accommodate.symphlicity.com/sso/students/login>



### Final exams are almost here. December 8th–14th.

**\*IF** you haven't contacted your instructor to discuss your accommodations and how/where the test will be taken, it is time to get that done! Any schedule conflicts with your final exam should be discussed now and worked out with your instructor.

**\*IF** you haven't scheduled a test this semester, but your professor needs you to test elsewhere be aware that all accommodated testing is handled at the University Testing Center. Students schedule their tests through DASS Link but **test in the UTC located in the basement of Clements Hall.**

**DON'T WAIT** to the last minute to make arrangements– it might keep you from getting your accommodations due to lack of planning!

*We wish you a smooth and successful finals week!*

### Your Most Important Final Exam Resource?

#### **YOU!**

The final exam is a critical part of your grade. Often, finals are cumulative, covering huge amounts of information; plus, they count for so much that they can drop or raise your grade by, at the very least, a letter.

Mapping out a study plan during the finals period is critical, but don't forget that while making flashcards, attending study groups, and completing practice tests are great, ***your most valuable resource is you.***

You must be in top mental form to do your best, and that means taking care of your body. Plan your study time, but don't forget to also plan a good night's sleep (at least 4 hours, but preferably 7-8), nutritious meals (at least 2 a day), and aerobic exercise (20-30 minutes) during this time.

***Keeping up a healthy routine of sleeping, eating, and exercise will lower your stress, improve your concentration, and maximize your chances for good grades*** on your finals.

You've got this!

*David Tylicki, Academic Coach*

### JAN TERM

If you are enrolled for Jan Term 2022, due to the fast-paced mini-term, it is important to have your letters and accommodations in place sooner than later. Classes will begin on **January 3rd** and having your letters requested and delivered ahead of time will help you stay on track. A few courses (language courses and Organic Chemistry 1) take place over an extended schedule beginning **December 15th**. A semester request should be submitted very early to ensure it can be processed before the holiday break when offices are closed from December 23rd until January 2nd.

International Dyslexia Association  
DALLAS BRANCH

JOIN US FOR A VIRTUAL  
**BOOK LAUNCH EVENT**

with the Emmy Nominated Actor  
● **Ameer Baraka**  
"Undiagnosed: The Ugly Side of Dyslexia"

Monday, January 9, 7:00 - 8:30 pm  
via Zoom

This event is free and open to the public. Register at [dal.dyslexiaida.org](http://dal.dyslexiaida.org)

Sign up for the "Undiagnosed" Book Club